

## ভাপা দই

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More than forty years ago as a new bride in Madison, Wisconsin, trying to learn Bengali cooking, I got this recipe from Lalita Mukherji. It is a quick, easy and delicious way to come somewhere close to producing a Bengali favorite in America. I have served it to Bengalis and Americans alike over the years, always to good reviews.

**Ingredients**

- 14-ounce can of sweetened condensed milk
- 16 ounces of plain yogurt

**Method:**

1. Pour milk and yogurt into a bowl and mix together very well.
2. Pour the mixture into an 8 or 9-inch square baking dish (or other baking dish with a similar volume).
3. Bake in a 250 degree oven for 15 to 20 minutes until set.
4. Cool and refrigerate before serving.

This recipe can be doubled and baked in a 9 x 13-inch baking dish if you need a larger amount.